



Post Op Instructions for Oral Sedation

1. **Patients must be accompanied by a responsible adult.** Patients may sleep; however, must be monitored for at least 6 hours after treatment to ensure that they are able to breathe well.
2. **Escort the patient for, the vehicle to the house by supporting them under their arm.** Do not leave the sedated patient alone in the care.
3. **The patient must be conscious and alert before any additional pain medication** can be given. Wait at least 4-6 hours or as directed by your Endodontist.
4. **Do NOT give food or beverages until the patient is full alert,** can speak and breathe well. The patient should be alert enough to respond to /ask questions. It is very common for patients to have partial or little memory of occurrences for events that occurred during sedation and for the first several hours post treatment.
5. **FOR THE FOLLOWING 24 HOURS** the patient is **NOT** to drive or perform any activities with legal implications, requiring dexterity or alert decision making.

This includes:

- Do not drive a motor vehicle.
- Do not work with power tools or machinery.
- Do not go to your place of employment.
- Do not drink alcohol for 24 hours post treatment.
- Only walk up and down stairs with assistance.

If the patient experiences any complications call our office **905-844-5748**. If it is after regular office hours, you will be provided with an emergency contact number from our automated answering service.

Sincerely,

Hepworth & Damas